

2011 “Great Exercise Motivating Sites” Exercise Challenge Results

2011 Headquarters Participation

50.4 % - HQ overall completion rate

At HQ, 359 employees participated in the challenge with 316 people reaching the goal of at least 30 hours of exercise during the 10-week event. With the realignment, HQ teams were in transition during the challenge so no team competition this year. The organization of the HQ teams will adjust for the next challenge.

2011 “Best Team” District Competition

District 5 – 44.8 %

District 2 – 35.7 %

District 1 – 29.0 %

District 3 – 28.4 %

District 4 – 28.2 %

District 6 – 15.6 %

The six combined districts had 403 employees participate with 355 people reaching the exercise goal during the challenge.

FHWA vs. ITD Competition

ITD Team = 87 Average Hours

FHWA Team = 79 Average Hours

STATEWIDE Individual Top 5 by Exercise Hours

Tweeter Allen, D-3 POE	275.0 Hrs.
Barb Conklin, D-3 Personnel	221.5 Hrs.
Jim Hoffecker, D-3 Residency	212.5 Hrs.
Dianna Hoffecker, HQ Materials Lab	211.0 Hrs.
Jake Legler, HQ Bridge Asset Mgmt.	209.7 Hrs.

District 1 Individual Top 3 by Exercise Hours

Dan Budd, Highways	172.5 Hrs.
Adam Hodges, Sandpoint	161.5 Hrs.
Terry Troutman, Highways	150.5 Hrs.

District 2 Individual Top 3 by Exercise Hours

Bruce Bovey, Lucile	196.0 Hrs.
Susan Meisner, POE	167.0 Hrs.
Paula Pintar, Residency B	116.7 Hrs.

District 3 Individual Top 3 by Exercise Hours

Tweeter Allen, D-3 POE	275.0 Hrs.
Barb Conklin, D-3 Personnel	221.5 Hrs.
Jim Hoffecker, D-3 Residency	212.5 Hrs.

District 4 Individual Top 3 by Exercise Hours

Steve Roseborough, Rupert	139.0 Hrs.
Doug Yearsley, Residency	131.3 Hrs.
Max Segovia, Rupert	101.5 Hrs.

District 5 Individual Top 3 by Exercise Hours

Mark Porter, Operations	149.7 Hrs.
Bryce Clements, Operations	140.0 Hrs.
Barbara Bates, Supply	109.6 Hrs.

District 6 Individual Top 3 by Exercise Hours

Jeff Call, Highways	131.3 Hrs.
Kurt Cox, Highways	124.0 Hrs.
Jinny Boozer, POE	95.5 Hrs.

HQ Individual Top 3 by Exercise Hours

Dianna Hoffecker, Materials Lab	211.0 Hrs.
Jake Legler, Bridge Asset Mgmt.	209.7 Hrs.
Suzanne Hawkins, Financial Svcs.	175.2 Hrs.