

## Public Employee Appreciation & Recognition Week

During the week of May 6 - May 10, 2013

We have the following activities planned for ITD Headquarters and Aeronautics!

Guess who your fellow co-workers are in "Mighty Results from Small Beginnings"

Contest. "Then" baby pictures will be posted to match up with "now" employees. For entry slips, see Sherry Buwalda at front lobby desk. One entry per employee.

The "Guess the Number of Items in the Jar" Contest is back and will be placed in the Lobby. This year the items are provided by the Materials Lab. Guess the exact number of items without going over. In the event of a tie, all correct guesses will be placed in a hat and a name will be pulled to declare a winner! See Sherry Buwalda for entry slips. One guess per employee.

A "Fun Facts about ITD" crossword puzzle will be emailed out to everyone Monday morning. Solved crossword puzzles must be turned into Sherry Buwalda by Friday at noon.



- Scavenger Hunt! Details will be emailed Monday morning.
- Idaho Athletic Club Stability and Body Fat Testing
  Room 209 from 11am-1pm (To Sign up, please visit
   www.mysignup.com/iac\_screening
- Free 10-minute Chair Massages Provided by Integrative
   Health Centers of Idaho at the Division of Aeronautics, 10-11:30am



- "Winning with Money Budget Save Win!" ICON presentation Noon-1pm in Auditorium with raffle for attendees.
- Treat Time! HQ Lobby from 2:30–3pm



- Free 10-minute Chair Massages Provided by Integrative Health Centers of Idaho, Room TBD, all day.
- Pet Video Contest Videos shown in Auditorium Noon-1pm (Send your submissions to Angela.Winters@itd.idaho.gov by Monday, May 6<sup>th</sup>.)
- Milk and Cookies Handed out by Executive Team on back patio.



To Get Ourselv

Thu May

- Salsa Competition In 1st Floor Break Room from 11am–1pm.
   Please let Cindy.Fosella@itd.idaho.gov know if you are participating by Friday, May 3<sup>rd</sup>.
- Free 10-minute Chair Massages Provided by Integrative Health Centers of Idaho, Room TBD, all day.
- 20-Minute Fun Walk Between 2-4pm. Sign in at the HQ South entrance Picnic Tables between 2-3:40 pm. Maps with walking routes will be available. "20/20" exercise challenge participants may count this 20-minute walk double time on their log sheet. Idaho Central Credit Union reps will be onsite providing bottled water for employees during the walk.



## **Contest Winners Are Announced!**

- "Mighty Results from Small Beginnings"
- Guess the Number of Items in the Jar
- Crossword
- Pet Video Contest
- Salsa Competition

Winners will receive some great prizes, including gift baskets and gift cards from local businesses.



We will be giving out various prizes throughout the week from donations we have received from the community and gift cards purchased from funds donated by our Executive and Senior Leadership team and DoRolCo.