

— Use the Convenience of ITD on-site Health Clinics —

# Mammography Services

**Upcoming ITD Clinics  
Nov. 7 and  
Dec. 9**

## QUESTION & ANSWERS

### Where are the on-site screenings at the ITD Headquarters facility?

The clinic will be set up in the parking lot near the east side of the Annex, at the corner nearest the Print Shop. Call now to schedule your appointment on one of these Idaho Transportation Department clinic dates: **Nov. 7** and **Dec. 9, 2008**.

### How do I make an appointment? File insurance/pay for services???

Call **St. Luke's** at **706-2055**. They will handle all the scheduling. St. Luke's will do all the billing and no payment is taken at the time of services. Depending on your insurance coverage, this service may be covered as a wellness benefit. Contact your provider if you have questions.

### Are there any special requirements to receive this service?

1. Have no known breast problems (lumps, discharge, pain).
2. Be over 40 year old.
3. Be able to stand for the entire procedure.
4. Not to have had a mammogram within the last year.
5. Not be a nursing mother or less than 6 months post lactation.



### How long will the Mammogram take?

Allow an hour for the mammogram. Three people can be screened in an hour, for a total of 15 a day. St. Luke's will arrive at 8:00 am to set up and begin with their first appointment at 9:00 am. They will break for lunch at 11:30 am until 1:15 pm, and leave at 3:00 pm.

### On the day of your Mammogram, remember to . . .

1. Bring your insurance card with.
2. Wear a top that buttons down the front.
3. No perfumes.
4. No deodorants.
5. No powders.



**Brought to you  
through the  
efforts of your  
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Program**

If you have more questions, contact St. Luke's at 706-2055 or Pauline Davis at ext. 8481.

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